DEPARTMENT OF DEFENSE NONAPPROPRIATED FUND HEALTH BENEFITS PROGRAM

Summary of Benefits Traditional Choice® Indemnity Plan

Effective 1 January 2003

Traditional Choice Indemnity Benefits

Plan Provisions	Plan Benefits*	
Calendar Year Deductible		
★ Individual	\$200	
★ Family	\$600	
Out-of-Pocket Limit (the maximum amount you pay for your share of covered		
expenses in a calendar year. Copays, expenses covered at		
50% and non-covered expenses do not count toward your Out-of-Pocket Limit)		
★ Individual	\$2,000	
★ Family	\$6,000	
Lifetime Maximum	Unlimited	
Hospital Precertification	You must precertify any scheduled hospital stay.	
Please see your Summary Plan Description (SPD) for details.	\$500 penalty for failure to precertify (penalty waived if you are overseas)	
Preventive Care	(penns) marca a journal of ordered	
★ Routine physical exam and immunizations	100%, no deductible	
(one per calendar year)		
★ Well-child care and immunizations	100%, no deductible	
Birth to age 7. Please see your SPD for age and frequency schedule.		
★ Routine gynecological exam	100%, no deductible	
including Pap test and related lab fees	and the second s	
(one per calendar year)		
* Routine Mammogram	100%, no deductible	
(one per calendar year for women age 35 and over)	1000 I-l-vill-	
★ Prostate screening exam (one per calendar year for men age 40 and over)	100%, no deductible	
★ Routine eye exam	80%, no deductible	
(one per calendar year)	oon, no dedicable	
★ Prescription eyewear - lenses, frames and contacts	100% up to a \$75 maximum benefit	
(in addition to Vision One® Discount Program)	per calendar year per person	
★ Routine hearing exam	100%, no deductible	
(one per calendar year)		
★ Hearing aids (\$500 lifetime maximum)	100%, no deductible	
Physician Services		
★ Office visits for treatment of illness or injury	80% after deductible	
★ Diagnostic lab and X-ray	80% after deductible	
★ Maternity care office visits	80% after deductible	
★ In-office surgery	100% of first \$1,000, no deductible; then 80% after deductible	
★ Physician hospital visits	80% after deductible	
★ Anesthesia	80% after deductible	
★ Allergy testing, serum and injections	80% after deductible	
★ Specialists (office visits)		
	80% after deductible	
★ Second surgical opinion	100%, no deductible	
Hospital Services	conv. According to the state	
★ Inpatient hospital room and board and ancillary services	80% after deductible	
★ Inpatient and outpatient surgery	80% after deductible	
★ Outpatient services	80% after deductible	
★ Preoperative testing	80%, no deductible	
★ Other hospital services	80% after deductible	
Emergency Care	now that I have I	
★ Hospital emergency room	80% after deductible	
★ Hospital emergency room for non-emergency care	50% after deductible	
★ Ambulance	80% after deductible	

^{*} Coverage is subject to reasonable and customary charges.

Summary of Benefits Effective 1 January 2003

continued

	Traditional Choice Indemnity Benefits		
Plan Provisions	Plan Benefits*		
Other Health Care ★ Convalescent facility (up to 90 days per calendar year)	80% after deductible		
★ Home health care (up to 90 visits per calendar year)	80% after deductible	80% after deductible	
★ Private duty nursing (up to 70 eight-hour shifts per calendar year)	80% after deductible		
★ Hospice (inpatient and outpatient)	100%, no deductible		
★ Independent lab and X-ray facilities	80% after deductible		
★ Short-term rehabilitation (60-day maximum per course of treatment)	80% after deductible		
★ Durable medical equipment	80% after deductible	80% after deductible	
★ Spinal disorder (chiropractic) (20 visits per calendar year)	80% after deductible		
Mental Health Care** ★ Inpatient	80% after deductible; up to 60 50% thereafter	80% after deductible; up to 60 days per calendar year; 50% thereafter	
★ Outpatient	80% after deductible		
(up to 45 visits per calendar year) ** Outpatient day maximums for mental health and substance ab	use are not combined		
	not not comornan		
Substance Abuse Treatment** ★ Inpatient (up to 45 days per calendar year)	80% after deductible	80% after deductible	
★ Outpatient (up to 45 visits per calendar year)	80% after deductible	80% after deductible	
** Outpatient day maximums for mental health and substance ab	use are not combined.		
Prescription Drug Benefits			
Participating Pharmacy Program	Participating Pharmacies	Non-Participating Pharmacies	
(30-day supply) ★ Generic drugs	100% after \$10 copay	Not covered	
★ Formulary brand-name drugs	100% after \$20 copay	Not covered	
★ Non-formulary brand-name drugs	100% after \$30 copay	Not covered	
Prescriptions Purchased Overseas			
★ Generic drugs	Not applicable	100% after deductible	
★ Brand-name drugs	Not applicable	80% after deductible	

Mail-Order Service (90-day supply) ★ Generic drugs

* Formulary brand-name drugs

★ Non-formulary brand-name drugs



100% after \$10 copay

100% after \$20 copay 100% after \$30 copay



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